

2018 October TIME TABLE

	MON			TUE			WED			THU			FRI			SAT			SUN			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:15	Adv Michael			Adv Michael			Adv Michael	Pre-Beg Ryosuke		Adv Michael			Adv Michael			Adv Michael	Contemporary Rachid	Body Balance Hiroki	Adv Michael			10:15
11:45	Michael	Beg Tatsuro		Michael	Beg Mio		Michael			Michael	Beg Yo		Michael	Beg Yuko		Michael	Jr Conte Kimiho	Pre-Beg Hiroki	Michael	Pre-Beg Kanako		11:45
12:00	Michael			Michael			Michael			Michael			Michael			Michael			Michael			12:00
13:30																						13:30
14:00	Int Yi Song			Int Yi Song			Int Yi Song			Int Yi Song			Int Yi Song			Int Yi Song	Jr Ballet Michael		Int Yi Song	Point-Beg Tatiana		14:00
15:30	Michael			Michael			Michael			Michael			Michael			Michael	Variation Ayana	Pilates Ryoko	Michael	Contemporary Katie		15:30
15:45	Michael			Michael			Michael			Michael			Michael			Michael			Michael			15:45
17:15	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:15
17:30	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:30
19:00	Michael			Michael			Michael			Michael			Michael			Michael			Michael			19:00
19:15	Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			19:15
20:45		19:30-21:00 Beg/ Tatsuro			19:30-21:00 Beg/ Yokozeki			19:30-21:00 Beg/ Akimitsu			19:30-21:00 Beg/ Mio			19:30- Pre-Beg Ryosuke	Contemporary Lucy						20:45	
	8			9			10			11			12			13			14			
10:15	Adv Michael			Adv Michael			Adv Michael	Pre-Beg Ryosuke		Adv Michael			Adv Michael			Adv Michael	Body Balance Hiroki		Adv Michael	Barre Astie Hiroko		10:15
11:45	Quintero	Beg Tatsuro		Quintero	Beg Mio		Quintero			Quintero	Beg Yo		Quintero	Beg Yuko		Quintero	Pre-Beg Hiroki		Quintero	Pre-Beg Kanako		11:45
12:00	Quintero			Quintero			Quintero			Quintero			Quintero			Quintero			Quintero			12:00
13:30																						13:30
14:00	Int Michael			Int Yi Song			Int Yi Song			Int Yi Song			Int Yi Song			Int Yi Song	Jr Ballet Michael		Int Yi Song	Character Tatiana		14:00
15:30	Michael			Michael			Michael			Michael			Michael			Michael	Variation Ayana	Pilates Ryoko	Michael	Contemporary Katie		15:30
15:45	Michael			Michael			Michael			Michael			Michael			Michael			Michael			15:45
17:15	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:15
17:30	Quintero			Quintero			Quintero			Quintero			Quintero			Quintero			Quintero	17:30-19:30 Theo&Akiyoshi		17:30
19:00																						19:00
19:15				Level Free Yi Song			Level Free Yi Song			Level Free Naoki.T			Level Free Quintero			Level Free Quintero						19:15
20:45		19:30-21:00 Beg/ Tatsuro			19:30-21:00 Beg/ Yokozeki			19:30-21:00 Beg/ Akimitsu			19:30-21:00 Beg/ Mio			19:30- Pre-Beg Ryosuke							20:45	
	Public Holiday Special Time Table																					
	15			16			17			18			19			20			21			
10:15	Adv Michael			Adv Michael			Adv Michael	Pre-Beg Ryosuke		Adv Francesca			Adv Michael			Adv Michael	Body Balance Hiroki		Adv Michael			10:15
11:45	Michael	Beg Tatsuro		Michael	Beg Mio		Michael			Michael	Beg Yo		Michael	Beg Yuko		Michael	Jr Conte Kimiho	Pre-Beg Hiroki	Michael	Pre-Beg Ryosuke		11:45
12:00	Michael			Michael			Michael			Michael			Michael			Michael			Michael			12:00
13:30																				12:15-14:15 Conte Adv Kimiho		13:30
14:00	Int Yi Song			Int Yi Song			Int Yi Song			Int Yi Song			Int Francesca			Int Yi Song	Jr Ballet Michael		Int Yi Song	Point-Beg Tatiana		14:00
15:30	Michael			Michael			Michael			Michael			Michael			Michael	Pilates Ryoko		Michael	Contemporary Katie		15:30
15:45	Michael			Michael			Michael			Michael			Michael			Michael			Michael			15:45
17:15	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:15
17:30	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:30
19:00	Michael			Michael			Michael			Michael			Michael			Michael			Michael			19:00
19:15	Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Francesca			Level Free Francesca			Level Free Francesca			Level Free Francesca			19:15
20:45		19:30-21:00 Beg/ Tatsuro			19:30-21:00 Beg/ Yokozeki			19:30-21:00 Beg/ Akimitsu			19:30-21:00 Beg/ Mio			19:30- Pre-Beg Ryosuke			19:15-21:15 Contemporary Theo&Akiyoshi				20:45	
	22			23			24			25			26			27			28			
10:15	Adv Francesca			Adv Francesca			Adv Michael	Pre-Beg Ryosuke		Adv Michael			Adv Francesca			Adv Michael	Body Balance Hiroki		Adv Thomas			10:15
11:45	Francesca	Beg Tatsuro		Francesca	Beg Mio		Francesca			Michael	Beg Yo		Michael	Beg Yuko		Michael	Jr Conte Kimiho	Pre-Beg Hiroki	Michael	Pre-Beg Kanako		11:45
12:00	Francesca			Francesca			Francesca			Michael			Michael			Michael			Michael			12:00
13:30																						13:30
14:00	Int Michael			Int Michael			Int Yi Song			Int Francesca			Int Yi Song			Int Yi Song	Jr Ballet Michael		Int Yi Song	Character Tatiana		14:00
15:30	Michael			Michael			Michael			Michael			Michael			Michael	Pilates Ryoko		Michael	Contemporary Katie		15:30
15:45	Michael			Michael			Michael			Michael			Michael			Michael			Michael			15:45
17:15	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:15
17:30	Michael			Michael			Michael			Michael			Michael			Michael			Michael			17:30
19:00	Michael			Michael			Michael			Michael			Michael			Michael			Michael			19:00
19:15	Level Free Yi Song			Level Free Yi Song			Level Free Francesca			Level Free Quintero			Level Free Francesca			Level Free Francesca			Level Free Francesca			19:15
20:45		19:30-21:00 Beg/ Tatsuro			19:30-21:00 Beg/ Yokozeki			19:30-21:00 Beg/ Akimitsu			19:30-21:00 Beg/ Mio			19:30- Pre-Beg Ryosuke			19:30-21:00 Barre Astie Hiroko				20:45	
	29			30			31															
10:15	Adv Francesca			Adv Thomas			Adv Francesca	Pre-Beg Ryosuke														
11:45	Francesca	Beg Tatsuro		Thomas	Beg Mio		Francesca															
12:00	Francesca			Thomas			Francesca															
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14:00	Int Michael			Int Michael			Int Thomas															
15:30	Michael			Michael			Michael															
15:45	Michael			Michael			Michael															
17:15	Michael			Michael			Michael															
17:30	Michael			Michael			Michael															
19:00	Michael			Michael			Michael															
19:15	Level Free Yi Song			Level Free Thomas			Level Free Yi Song															
20:45		19:30-21:00 Beg/ Tatsuro			19:30-21:00 Beg/ Yokozeki			19:30-21:00 Beg/ Akimitsu														

- ¥3,000 ■ ¥2,500 ■ ¥1,000
- No entrance or annual fee needed.
- We only accept VISA/Master/American Express for buying tickets.
- You do not need to make a reservation for an open class but for Workshops. You can sign up for each class 30 min. before the class starts.
- Students will not be admitted into class 5 minutes after the class start time. This is to ensure proper warm-up, reduce injuries and class etiquette.
- Please check our newest schedule on the website or please feel free to ask us!

Pic up class!

★ Variation [4th Paquita variation]
6th & 13th (Sat) 15:45-17:15

★ Anatomy [The core of the body]
27th (Sat) 17:30-19:00