

2018 October TIME TABLE

	MON 1			TUE 2			WED 3			THU 4			FRI 5			SAT 6			SUN 7		
10:15	Adv Michael			Adv Quintero			Adv Michael	Pre-Beg Ryosuke		Adv Quintero			Adv Michael			Adv Yi Song	Contemporary Rachid	Body Balance Hiroki	Adv Quintero		
11:45	Adv Michael			Adv Quintero			Adv Michael	Pre-Beg Ryosuke		Adv Quintero			Adv Michael			Adv Yi Song	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Kanako	
12:00	Adv Michael	Beg Tatsuro		Adv Quintero	Beg Ryosuke		Adv Quintero			Adv Quintero	Beg Yo		Adv Quintero	Beg Yuko		Int Yi Song			Int Tatiana		
13:30	Adv Michael			Adv Quintero			Adv Quintero			Adv Quintero			Adv Quintero			Int Yi Song			Int Tatiana	Pre-Beg Kanako	
14:00	Int Michael			Int Michael			Int Michael			Int Michael			Int Michael			Int Quintero	Jr Ballet Michael		Int Quintero	Point-Beg Tatiana	
15:30	Int Michael			Int Michael			Int Michael			Int Michael			Int Michael			Int Quintero			Int Quintero		
15:45	Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Yokozeki			Level Free Michael	Variation Ayana	Pilates Ryoko	Level Free Michael	Conte-Ballet Katie	
17:15	Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Yokozeki			Beg Yi Song			Level Free Michael		
17:30																Beg Quintero			Beg Yi Song		
19:00																					
19:15	Level Free Yi Song			Level Free Quintero			Level Free Yi Song			Level Free Quintero			Level Free Quintero			Level Free Yi Song					
20:45	Level Free Yi Song	19:30-21:00 Beg/ Tatsuro		Level Free Quintero	19:30-21:00 Beg/ Yokozeki		Level Free Yi Song	19:30-21:00 Beg/ Akimitsu		Level Free Quintero	Beg Cancelled		Level Free Quintero	19:30- Pre-Beg Ryosuke	Contemporary Lucy						
8			9			10			11			12			13			14			
10:15	Adv Quintero			Adv Michael			Adv Quintero	Pre-Beg Ryosuke		Adv Michael			Adv Quintero			Adv Yi Song	Body Balance Hiroki		Adv Quintero	Barre Astie Hiroki	
11:45	Adv Quintero			Adv Michael			Adv Quintero	Pre-Beg Ryosuke		Adv Michael			Adv Quintero			Adv Yi Song	Body Balance Hiroki		Adv Quintero		
12:00	Adv Quintero	Beg Tatsuro		Adv Michael	Beg Ryosuke		Adv Quintero			Adv Quintero	Beg Yo		Adv Quintero	Beg Yuko		Int Yi Song	Pre-Beg Hiroki		Int Tatiana	Pre-Beg Kanako	
13:30	Adv Quintero			Adv Michael			Adv Quintero			Adv Quintero			Adv Quintero			Int Yi Song			Int Tatiana		
14:00	Int Michael			Int Michael			Int Michael			Int Michael			Int Michael			Int Quintero	Jr Ballet Michael		Int Quintero	Character Tatiana	
15:30	Int Michael			Int Michael			Int Michael			Int Michael			Int Michael			Int Quintero			Int Quintero		
15:45	Level Free Michael			Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Yokozeki			Level Free Michael	Variation Ayana	Pilates Ryoko	Level Free Michael	Conte-Ballet Katie	
17:15	Level Free Michael			Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Yokozeki			Level Free Michael			Level Free Michael		
17:30	Beg Quintero															Beg Quintero			Beg Yi Song	17:30-19:30 Contemporary Theo&Akiyoshi	
19:00																					
19:15	Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song					
20:45	Level Free Yi Song	19:30-21:00 Beg/ Tatsuro		Level Free Yi Song	19:30-21:00 Beg/ Yokozeki		Level Free Yi Song	19:30-21:00 Beg/ Akimitsu		Level Free Yi Song	Beg Cancelled		Level Free Yi Song	19:30- Pre-Beg Ryosuke							
Public Holiday Special Time Table																					
15			16			17			18			19			20			21			
10:15	Adv Michael			Adv Quintero			Adv Michael	Pre-Beg Cancelled		Adv Francesca			Adv Quintero			Adv Yi Song	Body Balance Hiroki		Adv Quintero	Barre Astie Hiroki	
11:45	Adv Michael			Adv Quintero			Adv Michael	Pre-Beg Cancelled		Adv Francesca			Adv Quintero			Adv Yi Song	Body Balance Hiroki		Adv Quintero		
12:00	Adv Michael	Beg Tatsuro		Adv Quintero	Beg Mio		Adv Quintero			Adv Michael	Beg Yo		Adv Quintero	Beg Yuko		Int Yi Song	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Cancelled	12:15-14:15 Conte Adv Kimiho
13:30	Adv Michael			Adv Quintero			Adv Quintero			Adv Michael			Adv Quintero			Int Yi Song			Int Tatiana		
14:00	Int Yi Song			Int Yi Song			Int Quintero			Int Quintero			Int Francesca			Int Quintero	Jr Ballet Michael		Int Quintero	Point-Beg Tatiana	
15:30	Int Yi Song			Int Yi Song			Int Quintero			Int Quintero			Int Francesca			Int Quintero			Int Quintero		
15:45	Beg Yi Song			Beg Michael			Beg Yi Song			Beg Yi Song			Beg Yokozeki			Level Free Michael	Pilates Ryoko		Level Free Michael	Conte-Ballet Katie	
17:15	Beg Yi Song			Beg Michael			Beg Yi Song			Beg Yi Song			Beg Yokozeki			Level Free Michael			Level Free Michael		
17:30																Beg Francesca			Beg Francesca		
19:00																					
19:15	Level Free Yi Song			Level Free Quintero			Level Free Yi Song			Level Free Francesca			Level Free Francesca			Level Free Yi Song			Level Free Francesca		
20:45	Level Free Yi Song	19:30-21:00 Beg/ Tatsuro		Level Free Quintero	19:30-21:00 Beg/ Yokozeki		Level Free Yi Song	19:30-21:00 Beg/ Akimitsu		Level Free Francesca	19:30-21:00 Beg/ Mio		Level Free Francesca	19:30- Pre-Beg Mio		Level Free Francesca	19:15-21:15 Contemporary Theo&Akiyoshi				
22			23			24			25			26			27			28			
10:15	Adv Francesca			Adv Quintero			Adv Michael	Pre-Beg Ryosuke		Adv Quintero			Adv Francesca			Adv Quintero	Body Balance Hiroki		Adv Quintero	Barre Astie Hiroki	
11:45	Adv Francesca			Adv Quintero			Adv Michael	Pre-Beg Ryosuke		Adv Quintero			Adv Francesca			Adv Quintero	Body Balance Hiroki		Adv Quintero		
12:00	Adv Francesca	Beg Tatsuro		Adv Quintero	Beg Mio		Adv Quintero			Adv Michael	Beg Yo		Adv Quintero	Beg Yuko		Int Yi Song	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Kanako	
13:30	Adv Francesca			Adv Quintero			Adv Quintero			Adv Michael			Adv Quintero			Int Yi Song			Int Tatiana		
14:00	Int Yi Song			Int Michael			Int Quintero			Int Francesca			Int Quintero			Int Quintero	Jr Ballet Michael		Int Quintero	Character Tatiana	
15:30	Int Yi Song			Int Michael			Int Quintero			Int Francesca			Int Quintero			Int Quintero			Int Quintero		
15:45	Beg Yi Song			Beg Michael			Beg Yi Song			Beg Francesca			Beg Yokozeki			Level Free Michael	Pilates Ryoko		Level Free Michael	Conte-Ballet Katie	
17:15	Beg Yi Song			Beg Michael			Beg Yi Song			Beg Francesca			Beg Yokozeki			Level Free Michael			Level Free Michael		
17:30																Beg Francesca			Beg Francesca		
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19:15	Level Free Yi Song			Level Free Quintero			Level Free Francesca			Level Free Francesca			Level Free Francesca			Level Free Yi Song			Level Free Francesca		
20:45	Level Free Yi Song	19:30-21:00 Beg/ Tatsuro		Level Free Quintero	19:30-21:00 Beg/ Yokozeki		Level Free Francesca	19:30-21:00 Beg/ Akimitsu		Level Free Francesca	19:30-21:00 Beg/ Mio		Level Free Francesca	19:30- Pre-Beg Ryosuke		Level Free Francesca	19:30-21:00 Barre Astie Hiroki				
29			30			31															
10:15	Adv Francesca			Adv Thomas			Adv Francesca	Pre-Beg Ryosuke		Adv Francesca			Adv Francesca			Adv Quintero			Adv Quintero		
11:45	Adv Francesca			Adv Thomas			Adv Francesca	Pre-Beg Ryosuke		Adv Francesca			Adv Francesca			Adv Quintero			Adv Quintero		
12:00	Adv Francesca	Beg Tatsuro		Adv Thomas	Beg Mio		Adv Francesca			Adv Thomas			Adv Francesca			Int Yi Song			Int Thomas	Pre-Beg Kanako	
13:30	Adv Francesca			Adv Thomas			Adv Francesca			Adv Thomas			Adv Francesca			Int Yi Song			Int Thomas		
14:00	Int Michael			Int Michael			Int Quintero			Int Thomas			Int Quintero			Int Quintero	Jr Ballet Michael		Int Quintero	Character Tatiana	
15:30	Int Michael			Int Michael			Int Quintero			Int Thomas			Int Quintero			Int Quintero			Int Quintero		
15:45	Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Thomas			Beg Yokozeki			Level Free Michael	Pilates Ryoko		Level Free Yi Song	Conte-Ballet Katie	
17:15	Beg Yi Song			Beg Yi Song			Beg Yi Song			Beg Thomas			Beg Yokozeki			Level Free Michael			Level Free Yi Song		
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19:15	Level Free Yi Song			Level Free Thomas			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song			Level Free Yi Song		
20:45	Level Free Yi Song	19:30-21:00 Beg/ Tatsuro		Level Free Thomas	19:30-21:00 Beg/ Yokozeki		Level Free Yi Song	19:30-21:00 Beg/ Akimitsu		Level Free Yi Song			Level Free Yi Song			Level Free Yi Song					

¥3,000
 ¥2,500
 ¥1,000

- No entrance or annual fee needed.
- We only accept VISA/Master/American Express for buying tickets.
- You do not need to make a reservation for an open class but for Workshops. You can sign up for each class 30 min. before the class starts.
- Students will not be admitted into class 5 minutes after the class start time. This is to ensure proper warm-up, reduce injuries and class etiquette.
- Please check our newest schedule on the website or please feel free to ask us!

Pic up class!

★ Variation [4th Paquita variation]
6th & 13th (Sat) 15:45-17:15

★ Anatomy [The core of the body]
27th (Sat) 17:30-19:00