

# 2020 March Time Table

(2020/3/25)

	MON			TUE			WED			THU			FRI			SAT			SUN			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
	30			31															1			
10:15	Adv Michael			Adv Jason			Adv Michael F	Pre-Beg Ryosuke		Adv Michael F			Adv Michael F			Adv Michael	Introduction Haruna		Adv Michel F	Introduction Hiroki		10:15
11:45	Adv Michael			Adv Jason			Adv Michael			Adv Michael F			Adv Michael F			Int Michael F	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Ken		11:45
12:00	Adv Alessio			Adv Michael	Beg Mio		Adv Michael			Adv Michael	Beg Rie		Adv Michael			Int Jason			Int Tatiana		Barre Astie Hiroko	12:00
13:30																Int Jason			Int Tatiana			13:30
14:00	Int Michael			Int Yi Song			Int Michael			Int Michael			Int Michael			Int Hana	Jr Ballet Michael		Int Michel F	Character Tatiana		14:00
15:30	Int Alessio			Beg Yi Song			Beg Michael F			Beg Naoki			Beg Michael F			Level Free Michel F	Pilates Ryoko		Level Free Michel F			15:30
15:45	Beg Yi Song			Level Free Jason			Level Free Michel F			Level Free Yi Song			Level Free Michel F			Beg Michel F			Beg Kazuo			15:45
17:15																						17:15
17:30																						17:30
19:00																						19:00
19:15	Level Free Yi Song												Level Free Michel F				19:15-21:15 Contemporary Brandon Lagaert			19:15-21:15 Contemporary Brandon Lagaert		19:15
20:45																						20:45
	2			3			4			5			6			7			8			
10:15	Adv Michael			Adv Michel F			Adv Michel F	Pre-Beg Ryosuke		Adv Michel F			Adv Michel F			Adv Michael	Introduction Haruna		Adv Michel F	Introduction Hiroki		10:15
11:45	Adv Michael			Adv Michel F			Adv Michael			Adv Michael F			Adv Michael			Int Michael F	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Ken		11:45
12:00	Adv Michael			Adv Michel F	Beg Mio		Adv Michael			Adv Michael	Beg Rie		Adv Michael			Int Jason			Int Tatiana		Barre Astie Hiroko	12:00
13:30																Int Jason			Int Tatiana			13:30
14:00	Int Yi Song			Int Michael			Int Michael			Int Michael			Int Michael			Int Hana	Jr Ballet Michael		Int Michel F	Character Tatiana		14:00
15:30	Beg Yi Song			Beg Michael F			Beg Michael F			Beg Naoki			Beg Michael F			Level Free Michel F	Pilates Ryoko		Level Free Michel F			15:30
15:45	Beg Yi Song			Level Free Michel F			Level Free Michel F			Level Free Yi Song			Level Free Michel F			Beg Michel F			Beg Kazuo			15:45
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20:45																						20:45
	9			10			11			12			13			14			15			
10:15	Adv Jason			Adv Jason			Adv Jason	Pre-Beg Ryosuke		Adv Michel F			Adv Michael			Adv Michael	Introduction Haruna		Adv Michel F	Introduction Hiroki		10:15
11:45	Adv Jason			Adv Michael	Beg Mio		Adv Michael			Adv Jason			Adv Michael F			Int Jason	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Ken		11:45
12:00	Adv Jason			Adv Michael			Adv Michael			Adv Jason	Beg Rie		Adv Michael F			Int Jason			Int Tatiana		Barre Astie Hiroko	12:00
13:30																Int Jason			Int Tatiana			13:30
14:00	Int Michael			Int Yi Song			Int Jason			Int Michael			Int Michel F			Int Jason	Jr Ballet Kimiho	Pas de deux Michael	Int Michel F	Point Ele Tatiana	14:00-15:15 GAGA / Marko	14:00
15:30	Beg Michel F			Beg Jason			Beg Michael F			Beg Naoki			Beg Yi Song			Level Free Yi Song	Variation Ayana	Pilates Ryoko	Level Free Jason			15:30
15:45	Beg Michel F			Level Free Jason			Level Free Michel F			Level Free Michel F			Level Free Yi Song			Beg Michel F			Beg Jason	Noh Reijiro		15:45
17:15																						17:15
17:30																						17:30
19:00																						19:00
19:15	Level Free Michel F												Level Free Yi Song				19:15-21:15 Theater dance Uran			19:15-21:15 Contemporary Alan Ema		19:15
20:45																						20:45
	16			17			18			19			20			21			22			
10:15	Adv Jason			Adv Jason			Adv Jason	Pre-Beg Ryosuke		Adv Jason			Adv Michel F			Adv Michael	Introduction Haruna		Adv Jason	Introduction Hiroki		10:15
11:45	Adv Jason			Adv Jason	Beg Mio		Adv Michael			Adv Jason	Beg Rie		Int Michael			Int Jason	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Ken		11:45
12:00	Adv Jason			Adv Michael			Adv Michael			Adv Jason			Int Michael			Int Jason			Int Tatiana		Barre Astie Hiroko	12:00
13:30																Int Jason			Int Tatiana			13:30
14:00	Int Michael			Int Yi Song			Int Jason			Int Michael			Int Michel F			Int Jason	Jr Ballet Michael		Int Jason	Character Tatiana	14:00-15:15 GAGA / Marko	14:00
15:30	Beg Michel F			Beg Yi Song			Beg Michael F			Beg Naoki			Level Free Yi Song			Level Free Yi Song	Variation Ayana	Pilates Ryoko	Level Free Yi Song			15:30
15:45	Beg Michel F			Level Free Jason			Level Free Michel F			Level Free Michel F			Level Free Yi Song			Beg Yi Song			Beg Yi Song			15:45
17:15																						17:15
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20:45																						20:45
	23			24			25			26			27			28			29			
10:15	Adv Jason			Adv Alessio			Adv Jason	Pre-Beg Ryosuke		Adv Yi Song			Adv Jason			Adv Yi Song	Introduction Haruna		Adv Jason	Introduction Hiroki		10:15
11:45	Adv Jason			Adv Alessio			Adv Yi Song			Adv Yi Song			Adv Michael			Adv Michael	Jr Conte Kimiho	Pre-Beg Hiroki	Int Tatiana	Pre-Beg Ryosuke		11:45
12:00	Adv Jason			Adv Alessio			Adv Yi Song			Adv Yi Song			Adv Michael			Adv Michael			Int Tatiana		Barre Astie Hiroko	12:00
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15:30	Beg Yi Song			Beg Yi Song			Beg Jason			Beg Naoki			Beg Yi Song			Level Free Jason	Pilates Ryoko	Variation Ayana	Level Free Yi Song			15:30
15:45	Beg Yi Song			Level Free Yi Song			Level Free Jason			Level Free Alessio			Level Free Yi Song			Beg Yiuchiro			Beg Yi Song			15:45
17:15																						17:15
17:30																						17:30
19:00																						19:00
19:15	Level Free Yi Song												Level Free Yi Song				19:15-21:00 Contemporary Alan Ema			19:15-21:15 Contemporary Alan Ema		19:15
20:45																						20:45

- No entrance or annual fee needed.
- We only accept VISA/Master/American Express for buying tickets.
- Schedule is subject to change - classes may be cancelled without prior notice.
- □ ¥3,000 ■ ¥2,500 ■ ¥4,500 ■ ¥1,000
- You do not need to make a reservation for an open class except Machine Pilates and Workshops. You can sign up for each class 30 min. before the class starts.
- We do not accept any ticket for Workshops and Special Events.
- Students will not be admitted into class 5 minutes after the class start time. This is to ensure proper warm-up, reduce injuries and class etiquette.
- Please check our newest schedule on the website or please feel free to ask us!

tel :03-5730-2732  
e-mail:dance@a-tanz.com  
http://a-tanz.com

Dai-3 Toun Building 4F  
1-13-10 Shibaura Minato-ku Tokyo, Japan  
105-0023