

2020 April Time Table

(2020/3/1)

				WED			THU			FRI			SAT			SUN					
				1			2			3			4			5					
				01	02	03	01	02	03	01	02	03	01	02	03	01	02	03			
10:15				Adv Francesca	Pre-Beg I Ryosuke		Adv Francesca	Pre-Beg II Ken		Adv Francesca	Beg I Rie		Adv Michael	Pre-ballet Haruna	Jr Conte Kimiho	Adv Thomas	Pre-ballet Hiroki				
11:45													Int Thomas	Pre-Beg I Hiroki		Int Tatiana	Pre-Beg I Hiroki	Barre Astie Hiroko			
12:00				Adv Michael			Adv Michael			Adv Michael			Int Thomas	Jr Ballet Michael		Int Thomas	Point Ele Tatiana				
13:30				Int Francesca			Int Thomas			Int Francesca			Int Francesca	Variation Ayana	Pilates Ryoko	Level Free Francesca					
13:45				Beg II Yi Song			Beg II Thomas			Beg II Francesca			Beg II Thomas	Contemporary Thomas		Beg II Thomas					
15:15													Repertoire Francesca			Variation Thomas					
15:30																					
17:00																					
17:15																					
18:45																					
19:30																					
21:00				Level Free Yi Song	Pre-Beg I Akimitsu		Level Free Francesca			Level Free Thomas	Pre-Beg I Ryosuke										
MON				TUE			WED			THU			FRI			SAT			SUN		
6				7			8			9			10			11			12		
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:15	Adv Thomas		Adv Francesca			Adv Thomas	Pre-Beg I Ryosuke		Adv Francesca	Pre-Beg II Ken		Adv Michael	Beg I Rie		Adv Michael	Pre-ballet Haruna	Jr Conte Kimiho	Adv Thomas	Pre-ballet Hiroki		
11:45															Int Thomas	Pre-Beg I Hiroki		Int Tatiana	Pre-Beg I Ryosuke		
12:00	Adv Thomas		Adv Thomas		Beg II Mio	Adv Thomas			Adv Francesca			Adv Francesca			Int Thomas	Jr Ballet Michael		Int Thomas	Character Tatiana		
13:30					-14:10 Point Mio	Int Michael			Int Michael			Int Francesca			Int Francesca	Pilates Ryoko	Variation Ayana	Level Free Francesca			
13:45	Int Michael		Int Francesca			Int Francesca			Int Michael			Int Francesca			Level Free Thomas	Contemporary Thomas		Beg II Thomas			
15:15	Beg II Michael		Beg II Francesca			Beg II Thomas			Beg II Thomas			Beg II Yi Song			Repertoire Francesca			Variation Thomas			
15:30	Beg II Yi Song		Beg II Thomas			Beg II Francesca			Beg II Francesca												
17:00																					
17:15																					
18:45																					
19:30	Lebvel Free Yi Song	Beg II Tatsuro		Level Free Thomas	Beg I Yurie		Level Free Francesca	Pre-Beg I Akimitsu		Level Free Thomas			Level Free Yi Song	Pre-Beg I Ryosuke							
21:00					-21:40 Point Yurie																
13				14			15			16			17			18			19		
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:15	Adv Thomas		Adv Thomas			Adv Francesca	Pre-Beg I Ryosuke		Adv Thomas	Pre-Beg II Ken		Adv Francesca	Beg I Rie		Adv Yi Song	Pre-ballet Haruna		Adv Francesca	Pre-ballet Hiroki		
11:45															Int Thomas	Jr Conte Kimiho	Pre-Beg I Hiroki	Int Tatiana	Pre-Beg I Ken		
12:00	Adv Thomas		Adv Francesca		Beg II Mio	Adv Michael			Adv Francesca			Adv Thomas			Int Thomas	Jr ballet Kimiho	Pas de deux Michael	Int Francesca	Point Ele Tatiana		
13:30					-14:10 Point Mio	Int Michael			Int Michael			Int Thomas			Int Thomas	Variation Ayana	Pilates Ryoko	Level Free Francesca	15:30-17:30 Contemporary Jon		
13:45	Int Michael		Int Thomas			Int Francesca			Int Michael			Int Francesca			Level Free Thomas	Contemporary Thomas		Beg II Thomas			
15:15	Beg II Michael		Beg II Francesca			Beg II Thomas			Beg II Francesca			Beg II Francesca			Repertoire Francesca	Beg II Yi Song	Variation Ayana	Beg II Thomas			
15:30	Beg II Yi Song		Beg II Francesca			Beg II Francesca			Beg II Francesca						19:00-21:00 Contemporary Jon						
17:00																					
17:15																					
18:45		ATP			ATP			ATP		ATP			ATP								
19:30	Lebvel Free Yi Song	Beg II Tatsuro	ATP	Level Free Francesca	Beg I Yurie	ATP	Level Free Yi Song	Pre-Beg I Akimitsu	ATP	Level Free Francesca	19:30-21:30 Contemporary Jon	ATP	Level Free Francesca	Pre-Beg I Ryosuke	ATP						
21:00					-21:40 Point Yurie																
20				21			22			23			24			25			26		
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:15	Adv Thomas		Adv Francesca			Adv Francesca	Pre-Beg I Ryosuke		Adv Thomas	Pre-Beg II Ken		Adv Thomas	Beg I Rie		Adv Michael	Pre-ballet Haruna		Adv Yi Song	Pre-ballet Hiroki		
11:45															Int Thomas	Pre-Beg I Hiroki		Int Tatiana	Pre-Beg I Ryosuke		
12:00	Adv Thomas		Adv Thomas		Beg II Mio	Adv Michael			Adv Michael			Adv Thomas			Int Francesca	Jr Ballet Michael		Int Thomas	Character Tatiana		
13:30					-14:10 Point Mio	Int Michael			Int Michael			Int Francesca			Int Francesca	Pilates Ryoko		Level Free Thomas	Conte-ballet Katie		
13:45	Int Michael		Int Francesca			Int Francesca			Int Michael			Int Francesca			Level Free Thomas	Variation Ayana		Beg II Thomas	Noh Reijiro		
15:15	Beg II Michael		Beg II Francesca			Beg II Thomas			Beg II Francesca			Beg II Thomas			Beg II Thomas	Beg II Yi Song		Beg II Thomas			
15:30	Beg II Yi Song		Beg II Thomas			Beg II Francesca			Beg II Francesca						Contemporary Thomas						
17:00																					
17:15																					
18:45		ATP			ATP			ATP		ATP											
19:30	Lebvel Free Yi Song	Beg II Tatsuro	ATP	Level Free Thomas	Beg I Yurie	ATP	Level Free Yi Song	Pre-Beg I Akimitsu	ATP	Level Free Francesca	Repertoire Yuki	ATP	Level Free Francesca	Pre-Beg I Ryosuke	ATP						
21:00					-21:40 Point Yurie																
27				28			29			30			31			1					
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03				
10:15	Adv Thomas		Adv Thomas			Adv Thomas	Pre-Beg I Ryosuke		Adv Ilja	Pre-Beg II Ken		Adv Ilja			Adv Ilja			Adv Ilja			
11:45																					
12:00	Adv Thomas		Adv Michael		Beg II Mio	Adv Michael			Adv Michael			Adv Ilja			Adv Ilja			Adv Ilja			
13:30					-14:10 Point Mio	Int Thomas			Int Thomas			Int Michael			Int Michael			Beg II Michael			
13:45	Int Michael		Int Thomas			Int Thomas			Int Thomas			Beg II Yi Song			Beg II Michael						
15:15	Beg II Michael		Beg II Thomas			Beg II Yi Song			Beg II Yi Song												
15:30	Beg II Yi Song		Beg II Thomas			Beg II Yi Song			Beg II Yi Song												
17:00																					
17:15																					
18:45		ATP			ATP			ATP		ATP											
19:30	Lebvel Free Yi Song	Beg II Tatsuro	ATP	Level Free Thomas	Beg I Yurie	ATP	Level Free Yi Song	Pre-Beg I Akimitsu	ATP	Level Free Ilja	Contemporary Ted	ATP	Level Free Francesca	Pre-Beg I Ryosuke	ATP						
21:00					-21:40 Point Yurie																

- No entrance or annual fee needed.
- We only accept VISA/Master/American Express for buying tickets.
- Schedule is subject to change - classes may be cancelled without prior notice.
- □ ¥3,000 ■ ¥2,500 ■ ¥4,500 ■ ¥1,000
- You do not need to make a reservation for an open class except Machine Pilates and Workshops. You can sign up for each class 30 min. before the class starts.
- We do not accept any ticket for Workshops and Special Events.
- Students will not be admitted into class 5 minutes after the class start time. This is to ensure proper warm-up, reduce injuries and class etiquette.
- Please check our newest schedule on the website or please feel free to ask us!

Public Holiday Special Time Table