

2020 November Time Table

2020 November Time Table																			
Mon 30															SUN 1				
01 02 03															01 02 03				
10:00-11:30	Adv Olivier																Adv Motoko	10:30-12:00 Pre-ballet Hiroki	10:00-11:30
12:00-13:30	Adv Michael																Int Tatiana	12:30-14:00 Pre-Beg I Ken	12:00-13:30
14:00-15:30	Level Free Alessio																Level Free Wieslaw	14:30-16:00 Point Ele Tatiana	14:00-15:30
17:15-19:15	ATP																Beg II Wieslaw		16:00-17:30
19:30-21:00	Level Free Olivier	19:00-20:30 Beg II / Tatsuro															Level Free Kazuo		18:00-19:30
																			19:30-21:00
TUE 2 WED 3 THU 4 FRI 5 SAT 6 SUN 7 8																			
01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03																			
10:00-11:30	Adv Wieslaw			Adv Michael	10:30-12:00 Beg II / Mio		Adv Wieslaw	10:30-12:00 Pre-Beg I Ryosuke		Adv Wieslaw	10:30-12:00 Pre-Beg II Ken		Adv Michael	10:30-12:00 Beg I Rie		Adv Wieslaw	10:30-12:00 Pre-ballet Hiroki	10:00-11:30	
12:00-13:30	Adv Wieslaw			Int Michael	12:10-12:40 Point / Mio		Adv Wieslaw			Adv Wieslaw			Adv Wieslaw			Int Wieslaw	12:30-14:00 Pre-Beg I Ken	12:00-13:30	
14:00-15:30	Level Free Michael			Level Free Ken			Level Free Michael			Level Free Alessio			Level Free Alessio			Level Free Wieslaw	14:30-16:00 Character Tatiana	14:00-15:30	
16:00-17:30				Beg II Yurie												Beg II Ayumi	16:30-18:00 Noh Reijiro	16:00-17:30	
18:00-19:30	17:15-19:15 ATP			Level Free Naoki.T			17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			Level Free Naoki.T		18:00-19:30	
19:30-21:00	Level Free Alessio	19:00-20:30 Beg II / Tatsuro					Level Free Alessio	19:00-20:30 Pre-Beg II Akimitsu		Level Free Kosuke Okumura	19:00-20:30 Beg I Kiyonobu		Level Free Naoki.H	19:00-20:30 Pre-Beg I Ryosuke					19:30-21:00
Public Holiday Special Time Table																			
9 10 11 12 13 14 15																			
01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03																			
10:00-11:30	Adv Kosuke			Adv Michael	10:30-12:00 Beg II / Mio		Adv Kosuke	10:30-12:00 Pre-Beg I Ryosuke		Adv Motoko	10:30-12:00 Pre-Beg II Ken		Adv Wieslaw	10:30-12:00 Beg I Rie		Adv Michael	10:30-12:00 Pre-ballet Hiroki	10:00-11:30	
12:00-13:30	Adv Kosuke			Adv Wieslaw	12:10-12:40 Point / Mio		Adv Kosuke			Adv Kosuke			Adv Wieslaw			Int Wieslaw	12:30-14:00 Pre-Beg I Ryosuke	12:00-13:30	
14:00-15:30	Level Free Michael			Level Free Wieslaw			Level Free Michael			Level Free Kosuke			Level Free Michael			Level Free Wieslaw	14:30-16:00 Point Ele Tatiana	14:00-15:30	
16:00-17:30																Beg II Kota	16:30-18:00 Barre Astie Hiroko	16:00-17:30	
17:15-19:15	17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			Level Free Naoki.T		18:00-19:30	
19:30-21:00	Level Free Wieslaw	19:00-20:30 Beg II / Tatsuro		Level Free Naoki.T	19:00-20:30 Beg I / Yurie		Level Free Wieslaw	19:00-20:30 Pre-Beg II Akimitsu		Level Free Alessio	19:00-20:30 Beg I Kiyonobu		Level Free Naoki.H	19:00-20:30 Pre-Beg I Ryosuke					19:30-21:00
16 17 18 19 20 21 22																			
01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03																			
10:00-11:30	Adv Motoko			Adv Wieslaw	10:30-12:00 Beg II / Mio		Adv Wieslaw	10:30-12:00 Pre-Beg I Ryosuke		Adv Michael	10:30-12:00 Pre-Beg II Ken		Adv Wieslaw	10:30-12:00 Beg I Rie		Adv Michael	10:30-12:00 Pre-ballet Hiroki	10:00-11:30	
12:00-13:30	Adv Wieslaw			Adv Wieslaw	12:10-12:40 Point / Mio		Adv Wieslaw			Adv Michael			Adv Wieslaw			Int Olivier	12:30-14:00 Pre-Beg I Ken	12:00-13:30	
14:00-15:30	Level Free Wieslaw			Level Free Michael			Level Free Michael			Level Free Alessio			Level Free Alessio			Level Free Rina	14:30-16:00 Point Ele Tatiana	14:00-15:30	
16:00-17:30																Beg II Kota	16:30-18:00 Barre Astie Hiroko	16:00-17:30	
17:15-19:15	17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			Barre Astie Hiroko		18:00-19:30	
19:30-21:00	Level Free Alessio			Level Free Naoki.T	19:00-20:30 Beg I / Yurie		Level Free Alessio	19:00-20:30 Pre-Beg I Kiyonobu		Level Free Kosuke Okumura	19:00-20:30 Beg I Kiyonobu		Level Free Naoki.H	19:00-20:30 Pre-Beg I Ryosuke					19:30-21:00
23 24 25 26 27 28 29																			
01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03 01 02 03																			
10:00-11:30	Adv Olivier	10:30-12:00 Beg II / Tatsuro		Adv Olivier	10:30-12:00 Beg II / Mio		Adv Michael			Adv Motoko	10:30-12:00 Pre-Beg II Ken		Adv Olivier	10:30-12:00 Beg I Rie		Adv Michael	10:30-12:00 Pre-ballet Hiroki	10:00-11:30	
12:00-13:30	Int Alessio			Adv Olivier	12:10-12:40 Point / Mio		Adv Michael			Adv Olivier			Adv Olivier			Int Michael	12:30-14:00 Pre-Beg I Ken	12:00-13:30	
14:00-15:30	Level Free Alessio			Level Free Michael			Level Free Olivier			Level Free Olivier			Level Free Michael			★Level Free Giovanni (Kazuo)	14:30-16:00 Character Tatiana	14:00-15:30	
16:00-17:30	Beg Olivier															★Beg II Giovanni (Akimitsu)	16:30-18:00 Beg II Olivier	16:00-17:30	
18:00-19:30	Level Free Olivier			17:15-19:15 ATP			17:15-19:15 ATP			17:15-19:15 ATP			井上/ルイ工房 リハ			井上/ルイ工房 更衣室使用	15:30-21:30 ATP WS	18:00-19:30	
19:30-21:00				Level Free Olivier	19:00-20:30 Beg I / Yurie		Level Free Olivier	19:00-20:30 Pre-Beg II Akimitsu		Level Free Alessio	19:00-20:30 Beg I Kiyonobu		Level Free Naoki.H	19:00-20:30 Pre-Beg I Ryosuke				18:30-20:00 Level Free Hana	19:30-21:00

■ Pre Ballet
■ Pre-Beginner I
■ Pre-Beginner II
■ Beginner I
■ Beginner II
■ Level free
■ Intermediate
■ Advanced

- No entrance or annual fee needed.
- We only accept VISA/Master/American Express for buying tickets.
- Schedule is subject to change - classes may be cancelled without prior notice.
- □ ¥3,000 ■ ¥2,500 ■ ¥4,500 ■ ¥1,000
- You do not need to make a reservation for an open class except Machine Pilates and Workshops. You can sign up for each class 30 min. before the class starts.
- We do not accept any ticket for Workshops and Special Events.
- Students will not be admitted into class 5 minutes after the class start time. This is to ensure proper warm-up, reduce injuries and class etiquette.
- [Please check our newest schedule on the website or please feel free to ask us!](#)