



2025 September Timetable

MON																								
1			2			3			4			5			6			7						
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03				
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu	Adv Elena	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Elena	10:30-12:00 Pre-Beg II Ryosuke		Adv Alessio	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Elena	10:30-12:00 Beg I Kyoko		Level Free Elena	10:30-12:00 Pre-Beg I Haruna		Adv Elena	10:30-12:00 Beg I Ken	10:00-11:30 Pre-Beg Yo	10:00 11:30			
11:45 13:15	Int Masami		Int Yasuo	12:10-12:40 Point / Mio		Int Kiyonobu			Int Elena	12:10-12:40 Point / Nao		Int Alessio	12:10-12:40 Point / Kyoko		Int Michael	12:15-13:45 Beg I Ken		Int Motoko	12:15-13:45 Pre-Beg I Michael		11:45 13:15			
13:30 15:00	Level Free Kiyonobu		Level Free Elena			Level Free Elena			Level Free Kiyonobu			Level Free Elena			Level Free Elena	14:00-15:30 Jr Conte Kimiho	14:00-15:30 Beg I Takeru		Level Free Masami	14:00-15:30 Beg I Mayuko	13:35-14:25 Point / Michael	13:30 15:00		
15:15 16:45															Beg II Haruo	15:45-17:15 Anatomy Ryoko			Beg II Elena Last!	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hiroko	15:15 16:45		
17:00 18:30															Level Free Masami	17:30-19:00 Pas De Deux			Level Free Alessio			17:00 18:30		
19:30 21:00	Level Free Alessio	19:00-20:30 Beg I Shuhei	Level Free Haruo	19:00-20:30 Beg I Yurie		Level Free Elena	19:00-20:30 Pre-Beg II Akimitsu		Level Free Kiyonobu	19:00-20:30 Beg I Saori		Level Free Elena	19:00-20:30 Pre-Beg II Ryosuke			18:45-20:45 Contemporary Norikazu			18:45-20:45 Contemporary Norikazu		18:45 20:15			
8			9			10			11			12			13			14						
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03				
10:00 11:30	Adv Motoko	10:30-12:00 Beg I Kiyonobu	Adv Lesli Start!	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Lesli	10:30-12:00 Pre-Beg II Ryosuke		Adv Yasuo	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Lesli	10:30-12:00 Beg I Rie		Level Free Lesli	10:30-12:00 Pre-Beg I Haruna		Adv Lesli	10:30-12:00 Beg I Ken	10:00-11:30 Pre-Beg Yo	10:00 11:30			
11:45 13:15	Int Murashov		Int Nao	12:10-12:40 Point / Mio		Int Kiyonobu			Int Lesli	12:10-12:40 Point / Nao		Int Naoki H	12:10-12:40 Point / Rie		Int Michael	12:15-13:45 Beg I Hideyuki		Int Motoko	12:15-13:45 Pre-Beg I Saori	11:45-13:15 Character Murashov	11:45 13:15			
13:30 15:00	Level Free Kiyonobu		Level Free Lesli Filming Class			Level Free Naoki H			Level Free Kiyonobu			Level Free Lesli			Level Free Lesli	14:00-15:30 Jr Conte Kimiho	14:00-15:30 Beg I Takeru		Level Free Murashov	14:00-15:30 Beg I Mayuko	13:35-14:25 Point / Saori	13:30 15:00		
15:15 16:45															Beg II Haruo	15:45-17:15 Anatomy Ryoko	15:45-17:15 Noh Reijo		Beg II Lesli	15:40-16:40 Var / Mayuko		15:15 16:45		
17:00 18:30															Level Free Mio				Level Free Saya			17:00 18:30		
19:30 21:00	Level Free Alessio	19:00-20:30 Beg I Shuhei	Level Free Yasuomi	19:00-20:30 Beg I Yurie		Level Free Lesli	19:00-20:30 Pre-Beg II Akimitsu		Level Free Kiyonobu	19:00-20:30 Beg I Saori		Level Free Lesli	19:00-20:30 Pre-Beg II Ryosuke	19:00-21:00 Ballet Music History Katsuhiko ★Reservation		18:45-20:15 Contemporary Rena ★			18:45-20:15 Contemporary Rena ★		18:45 20:15			
15			16			17			18			19			20			21						
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03				
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu	Adv Lesli	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Alessio	10:30-12:00 Pre-Beg II Ryosuke		Adv Lesli	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Michael	10:30-12:00 Beg I Rie		Level Free Alessio	10:30-12:00 Pre-Beg I Haruna		Adv Lesli	10:30-12:00 Beg I Ken	10:00-11:30 Pre-Beg Yo	10:00 11:30			
11:45 13:15	Int Murashov		Int Yasuo	12:10-12:40 Point / Mio		Int Kiyonobu			Int Michael	12:10-12:40 Point / Nao		Int Naoki H	12:10-12:40 Point / Rie		Int Michael	12:15-13:45 Beg I Ken		Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Intro Flamenco Benito ★	11:45 13:15			
13:30 15:00	Level Free Kiyonobu	13:15-14:45 Contemporary Ayuko	Level Free Lesli			Level Free Lesli			Level Free Kiyonobu			Level Free Lesli			Level Free Lesli	14:00-15:30 Jr Conte Kimiho	14:00-15:30 Beg I Takeru		Level Free Murashov	14:00-15:30 Beg I Mayuko	13:35-14:25 Point / Michael	13:30 15:00		
15:15 16:45	Beg II Mio	15:00-16:30 Beg I Shuhei													Beg II Kiyonobu	15:45-17:15 Anatomy Ryoko	15:45-17:15 Musical Rep Lesli		Beg II Lesli	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hiroko	15:15 16:45		
17:00 18:30	Level Free Alessio														Level Free Mio	17:30-19:00 Contemporary Sota			Level Free Alessio	17:00-18:30 Contemporary Ayuko		17:00 18:30		
19:30 21:00	18:45-20:15 Contemporary Shintaro		Level Free Lesli	19:00-20:30 Beg I Yurie		Level Free Lesli	19:00-20:30 Pre-Beg II Akimitsu		Level Free Kiyonobu	19:00-20:30 Beg I Saori		Level Free Lesli	19:00-20:30 Pre-Beg II Ryosuke									18:45 20:15		
22			23			24			25			26			27			28						
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03				
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu	Adv Lesli	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Michael	10:30-12:00 Pre-Beg II Ryosuke		Adv Yasuo	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Lesli	10:30-12:00 Beg I Rie		Level Free Lesli	10:30-12:00 Pre-Beg I Haruna		Adv Lesli	10:30-12:00 Beg I Ken	10:00-11:30 Pre-Beg Yo	10:00 11:30			
11:45 13:15	Int Murashov		Int Murashov	12:10-12:40 Point / Mio		Int Kiyonobu			Int Lesli	12:10-12:40 Point / Nao		Int Naoki H	12:10-12:40 Point / Rie		Int Michael	12:15-13:45 Beg I Haruna		Int Motoko	12:15-13:45 Pre-Beg I Ren	11:45-13:15 Character Murashov	11:45 13:15			
13:30 15:00	Level Free Kiyonobu		Level Free Lesli	13:30-15:00 Beg I Yurie	ATP OPEN SCHOOL 13:45-16:00	Level Free Lesli			Level Free Kiyonobu			Level Free Lesli			Level Free Kiyonobu	14:00-15:30 Jr Conte Kimiho	14:00-15:30 Beg I Takeru		Level Free Murashov	14:00-15:30 Beg I Mayuko	13:35-14:25 Point / Ren	13:30 15:00		
15:15 16:45			ATP OPEN SCHOOL 15:15-17:15	Beg II Alessio											Beg II Lesli	15:45-17:15 Anatomy Ryoko			Beg II Igal	15:40-16:40 Var / Mayuko		15:15 16:45		
17:00 18:30				Level Free Lesli											Level Free Mio				Level Free Lesli	17:00-18:30 Contemporary Akiyoshi		17:00 18:30		
19:30 21:00	Level Free Alessio	19:00-20:30 Beg I Shuhei				Level Free Lesli	19:00-20:30 Pre-Beg II Takeru		Level Free Kiyonobu	19:00-20:30 Beg I Haruna		Level Free Alessio	19:00-20:30 Pre-Beg II Momoko			18:45-20:15 Contemporary Megumi						18:45 20:15		
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19:30 21:00	Level Free Alessio	19:00-20:30 Beg I Shuhei	Level Free Lesli	19:00-20:30 Beg I Yurie																				

¥3,000 ¥2,500 ¥1,000

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 No reservation is required. There are no admission or annual fees.

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 ■ indicates workshops, which require advance reservation.

■ Reception will open 30 minutes prior to each class.

■ Please note that late arrivals will not be admitted under any circumstances.

■ Classes shown in blue reflect the most recent updates or changes.

■ Participation in Pointe and Variation classes requires prior attendance in a regular ballet class.

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