



2026 January Timetable

	MON			TUE			WED			THU			FRI			SAT			SUN														
										1			2			3			4														
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03												
										11:15 OPEN			Adv Young Cheol 10:30-12:00 Beg I Natsuki			Level Free Christophe 10:30-12:00 Pre-Beg I Haruna			10:00-12:00 Class&Variation Saori			Adv Young Cheol 10:30-12:00 Beg I Ken			10:00-11:30 Intro-Ballet Yo			10:00 11:30					
10:00 11:30										11:45-13:15 Adv Christophe			11:45-13:15 Beg I Shuntaro			11:45-13:15 Intro-Ballet Chiaki			Int Christophe 12:10-12:40 Pointe / Natsuki			Int Young Cheol 12:15-13:45 Beg I Ken			Int Motoko 12:15-13:45 Pre-Beg I Michael			11:45-13:15 Intro Flamenco Benito			11:45 13:15		
11:45 13:15										13:30-15:00 Level Free Kiyonobu			14:30-16:00 Beg I Takeru			13:00-14:30 Pre-Beg II Kiyonobu			Level Free Christophe 14:00-15:30 Beg I Takeru			Level Free Christophe 14:00-15:30 Beg I Mayuko			13:30-14:25 Pointe / Michael			13:30 15:00					
13:30 15:00										15:15-16:45 Level Free Young Cheol						14:45-16:15 Contemporary Sota			Beg II Young Cheol 15:45-17:15 Anatomy No Class			Beg II Young Cheol 15:40-16:40 Var / Mayuko			15:45-17:15 Floor Barre Hiroko			15:15 16:45					
15:15 16:45																			Level Free Christophe 17:00-18:30 Contemporary Shintaro Oue			Level Free Christophe 17:00-18:30 Contemporary Shintaro Oue						17:00 18:30					
17:00 18:30																			18:45-20:15 Shintaro Creation									19:30 21:00					
19:30 21:00																																	
	5			6			7			8			9			10			11														
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03												
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu		Adv Young Cheol	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Michael	10:30-12:00 Pre-Beg II Ryosuke		Adv Young Cheol	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Young Cheol	10:30-12:00 Beg I Rie		Level Free Young Cheol	10:30-12:00 Pre-Beg I Momoko	10:00-12:00 Class&Variation Saori	Adv Young Cheol	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo												
11:45 13:15	Int Christophe			Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu			Int Young Cheol	12:10-12:40 Pointe / Nao		Int Alessio	12:10-12:40 Pointe / Rie		Level Free Young Cheol	12:15-13:45 Beg I Ken		Int Motoko	12:15-13:45 Pre-Beg I Saori	11:45-13:15 Character Murashov												
13:30 15:00	Level Free Kiyonobu			Level Free Young Cheol			Level Free Young Cheol			Level Free Kiyonobu			Level Free Young Cheol			Level Free Young Cheol	14:00-15:30 Beg I Takeru		Level Free Murashov	14:00-15:30 Beg I Mayuko	13:30-15:00 Contemporary Masa												
15:15 16:45																	15:15-16:45 Beg II Haruo	15:45-17:15 Anatomy No Class	Desden Palucca University of Dance & Zurich Dance Academy & Zurich University of the Arts Audition	15:15-16:45 Beg II Alessio	15:40-16:40 Var / Mayuko												
17:00 18:30		19:00-20:30 Beg I Shuhei			19:00-20:30 Beg I Yurie			19:00-20:30 Pre-Beg II Akimitsu			19:00-20:30 Beg I Saori			19:00-20:30 Pre-Beg II Ryosuke			17:00-18:30 Level Free Mio	17:30-19:00 Contemporary Jun	17:00-18:30 Level Free Young Cheol	17:00-18:30 Contemporary Masa	17:00 18:30												
19:30 21:00	Level Free Alessio			Level Free Young Cheol			Level Free Young Cheol			Level Free Kiyonobu	20:35-21:05 Pointe / Saori		Level Free Young Cheol						Zurich University of the Arts Audition			18:45 20:15											
	12			13			14			15			16			17			18														
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03												
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu		Adv Christophe	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Christophe	10:30-12:00 Pre-Beg II Ryosuke		Adv Yasuo	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Christophe	10:30-12:00 Beg I Rie		Level Free Christophe	10:30-12:00 Pre-Beg I Haruna	10:00-12:00 Class&Variation Saori	Adv Christophe	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo												
11:45 13:15	Int Christophe	12:15-13:45 Contemp. Rep. Quentin		Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu			Int Alessio	12:10-12:40 Pointe / Nao		Int Mio	12:10-12:40 Pointe / Rie		Level Free Kiyonobu	12:15-13:45 Beg I Ken		Int Motoko	12:15-13:45 Pre-Beg I Michael	12:45-13:45 ATP												
13:30 15:00	Level Free Kiyonobu			Level Free Christophe			Level Free Christophe			Level Free Kiyonobu			Level Free Christophe			Level Free Christophe	14:00-15:30 Jr Conte Kimho	14:00-15:30 Beg I Takeru	Level Free Murashov	14:15-15:00 ATP	14:00-15:30 Beg I Mayuko												
15:15 16:45	Beg II Christophe	15:00-16:30 Beg I Shuhei															15:45-17:15 Anatomy Ryoko		15:15-17:00 ATP	15:15-16:45 Beg II Alessio	15:40-16:40 Var / Mayuko												
17:00 18:30	Level Free Alessio				19:00-20:30 Beg I Yurie			19:00-20:30 Pre-Beg II Akimitsu			19:00-20:30 Beg I Saori			19:00-20:30 Pre-Beg II Ryosuke		Level Free Mio	17:30-19:00 Contemporary Shintaro Oue		17:15-18:45 Level Free Contemporary Shintaro Oue	17:00-18:30 Contemporary Shintaro Oue	17:00-18:30 Floor Barre Hiroko												
19:30 21:00				Level Free Christophe			Level Free Murashov			Level Free Kiyonobu	20:35-21:05 Pointe / Saori		Level Free Christophe				19:10-20:40 Shintaro Creation		18:45-20:15 Shintaro Creation			18:45 20:15											
	19			20			21			22			23			24			25														
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03												
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu		Adv Christophe	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Wieslaw	10:30-12:00 Pre-Beg II Ryosuke		Adv Christophe	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Christophe	10:30-12:00 Beg I Rie		Level Free Christophe	10:30-12:00 Pre-Beg I Haruna	10:00-12:00 Class&Variation Saori	Adv Christophe	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo												
11:45 13:15	Int Murashov			Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu			Int Alessio	12:10-12:40 Pointe / Nao		Int Wieslaw	12:10-12:40 Pointe / Rie		Level Free Kiyonobu	12:15-13:45 Beg I Shuntaro		Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov												
13:30 15:00	Level Free Kiyonobu			Level Free Christophe			Level Free Christophe			Level Free Kiyonobu			Level Free Christophe			Level Free Christophe	14:00-15:30 Jr Conte Kimho	14:00-15:30 Beg I Takeru	Level Free Murashov	14:00-15:30 ATP	14:00-15:30 Beg I Mayuko												
15:15 16:45																	Beg II Haruo	15:45-17:15 Anatomy Ryoko		Beg II Christophe	15:40-16:40 Var / Mayuko												
17:00 18:30		19:00-20:30 Beg I Ken			19:00-20:30 Beg I Yurie			19:00-20:30 Pre-Beg II Akimitsu			19:00-20:30 Beg I Saori			19:00-20:30 Pre-Beg II Ryosuke		Level Free Mio	17:30-19:00 Contemporary Shintaro Oue		17:00-18:30 Level Free Contemporary Shintaro Oue	17:00-18:30 Contemporary Shintaro Oue	17:00-18:30 Floor Barre Hiroko												
19:30 21:00	Level Free Alessio			Level Free Christophe			Level Free Christophe			Level Free Kiyonobu	20:35-21:05 Pointe / Saori		Level Free Christophe				19:00-20:30 Studio Performance		18:45-20:15 Shintaro Creation			18:45 20:15											
	26			27			28			29			30			31																	
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03												
10:00 11:30	Adv Michael	10:30-12:00 Beg I Kiyonobu		Adv Christophe	10:30-12:00 Beg-Int Mio	10:30-12:00 Basic Ballet Michael	Adv Christophe	10:30-12:00 Pre-Beg II Ryosuke		Adv Wieslaw	10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki	Adv Christophe	10:30-12:00 Beg I Rie		Level Free Christophe	10:30-12:00 Pre-Beg I Haruna	10:00-12:00 Class&Variation Saori	Level Free Christophe	10:30-12:00 Pre-Beg I Ken	10:00-11:30 Intro-Ballet Yo												
11:45 13:15	Int Murashov			Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu			Int Christophe	12:10-12:40 Pointe / Nao		Int Alessio	12:10-12:40 Pointe / Rie		Level Free Kiyonobu	12:15-13:45 Beg I Shuntaro		Int Michael	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov												
13:30 15:00	Level Free Christophe			Level Free Christophe			Level Free Christophe			Level Free Kiyonobu			Level Free Christophe			Level Free Christophe	14:00-15:30 Jr Conte Kimho	14:00-15:30 Beg I Takeru	Level Free Christophe	14:00-15:30 ATP	14:00-15:30 Beg I Mayuko												
15:15 16:45																	Beg II Haruo	15:45-17:15 Anatomy Ryoko		Beg II Christophe	15:40-16:40 Var / Mayuko												
17:00 18:30		19:00-20:30 Beg I Shuhei			19:00-20:30 Beg I Yurie			19:00-20:30 Pre-Beg II Akimitsu			19:00-20:30 Beg I Saori			19:00-20:30 Pre-Beg II Ryosuke		Level Free Mio	17:30-19:00 Contemporary Masa		17:00-18:30 Level Free Contemporary Masa	17:00-18:30 Contemporary Masa	17:00-18:30 Floor Barre Hiroko												
19:30 21:00	Level Free Alessio			Level Free Christophe			Level Free Murashov			Level Free Kiyonobu	20:35-21:05 Pointe / Saori		Level Free Christophe									18:45 20:15											