2026 March Timetable

¥3,300 ¥2,800 ¥2,300 ¥1,000

- No reservation is required. There are no admission or annual fees.
- indicates workshops, which require advance reservation.
- Reception will open 30 minutes prior to each class.
- Please note that late arrivals will not be admitted under any circumstances.
- Classes shown in blue reflect the most recent updates or changes.
- Participation in Pointe and Variation classes requires prior attendance in a regular ballet class.
- Filming classes are offered at a discounted rate of ¥2,500 for Studios 01, 02, and 03.

	MON			TUE			WED			THU			FRI			SAT			SUN			
	30			31															1			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael	10:30~12:00 Beg Ⅰ Kiyonobu		Adv Thomas	10:30~12:00 Beg-Int Mio	10:30-12:00 Foundation Ballet Michael													Adv Herve	10:30~12:00 Beg Ⅰ Ken	10:00~11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov			Int Naoki	12:10~12:40 Pointe / Mio														Int Motoko	12:15-13:45 Pre-Beg Ⅰ Michael	11:45-13:45 Contemporary Shintaro	11:45 13:15
13:30 15:00	Level Free Kiyonobu			Level Free Thomas															Level Free Murashov	14:00~15:30 Beg Ⅰ Mayuko	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45																			Beg Ⅱ Saya	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hiroko	15:15 16:45
17:00 18:30		19:00~20:30 Beg Ⅰ Shuhei			19:00~20:30 Beg Ⅰ Yurie														Level Free Herve	17:00-18:30 Contemporary Kenta		17:00 18:30
19:30 21:00	Level Free Alessio			Level Free Thomas																		19:30 21:00
	2			3			4			5			6			7			8			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael	10:30~12:00 Beg Ⅰ Kiyonobu		Adv Herve	10:30~12:00 Beg-Int Mio	10:30-12:00 Foundation Ballet Michael	Adv Alessio	10:30~12:00 Pre-Beg Ⅱ Ryosuke		Adv Herve	10:30~12:00 Beg Ⅰ Emi	10:30~12:00 Intro-Ballet Chiaki	Adv Herve	10:30~12:00 Beg Ⅰ Rie		Level Free Herve	10:30~12:00 Pre-Beg Ⅱ Haruna		Adv Herve	10:30~12:00 Beg Ⅰ Shuntaro	10:00~11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov			Int Naoki	12:10~12:40 Pointe / Mio		Int Kiyonobu			Int Alessio	12:10~12:40 Pointe / Emi		Int Michael	12:10~12:40 Pointe / Rie		Int Michael	12:15-13:45 Beg Ⅰ Ken	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg Ⅰ Saori	11:45-13:15 Character Murashov	11:45 13:15
13:30 15:00	Level Free Kiyonobu			Level Free Herve			Level Free Herve			Level Free Kiyonobu			Level Free Herve			Level Free Herve	14:00~15:30 Jr Conte Kimiho	14:00~15:30 Beg Ⅰ Takeru	Level Free Murashov	14:00~15:30 Beg Ⅰ Mayuko	13:55-14:25 Pointe / Saori	13:30 15:00
15:15 16:45		15:45-17:15 Contemporary Miho												15:45-17:15 Contemporary Megumi		Beg Ⅱ Haruo	15:45-17:15 Pre-Beg Ⅰ Michael	15:45-17:15 Anatomy Ryoko	Beg Ⅱ Herve	15:40-16:40 Var / Mayuko	15:45-17:15 Noh Theater Rejiro	15:15 16:45
17:00 18:30		19:00~20:30 Beg Ⅰ Shuhei			19:00~20:30 Beg Ⅰ Yurie			19:00~20:30 Pre-Beg Ⅱ Akimitsu			19:00~20:30 Beg Ⅰ Saori			19:00~20:30 Pre-Beg Ⅱ Ryosuke		Level Free Mio	17:30-19:00 Contemporary Miho		Level Free Saya	17:00-18:30 Contemporary Naoya		17:00 18:30
19:30 21:00	Level Free Alessio			Level Free Herve			Level Free Herve			Level Free Kiyonobu	20:35~21:05 Pointe / Saori		Level Free Herve						18:45-20:45 Contemporary Shintaro			18:45 20:15
	9			10			11			12			13			14			15			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael	10:30~12:00 Beg Ⅰ Kiyonobu		Adv Herve	10:30~12:00 Beg-Int Mio	10:30-12:00 Foundation Ballet Michael	Adv Michael	10:30~12:00 Pre-Beg Ⅱ Emi		Adv Herve	10:30~12:00 Beg Ⅰ Nao	10:30~12:00 Intro-Ballet Chiaki	Adv Herve	10:30~12:00 Beg Ⅰ Rie		Level Free Herve	10:30~12:00 Pre-Beg Ⅱ Haruna		Adv Herve	10:30~12:00 Beg Ⅰ Ken	10:00~11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov			Int Yasuo	12:10~12:40 Pointe / Mio		Int Kiyonobu			Int Alessio	12:10~12:40 Pointe / Nao		Int Yasuo	12:10~12:40 Pointe / Rie		Int Michael	12:15-13:45 Beg Ⅰ Shuntaro	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg Ⅰ Michael		11:45 13:15
13:30 15:00	Level Free Kiyonobu			Level Free Herve			Level Free Herve			Level Free Kiyonobu			Level Free Herve			Level Free Herve	14:00~15:30 Jr Conte Kimiho	14:00~15:30 Beg Ⅰ Takeru	Level Free Herve	14:00~15:30 Beg Ⅰ Mayuko	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45																Beg Ⅱ Haruo	15:45-17:15 Pre-Beg Ⅰ Michael	15:45-17:15 Anatomy Ryoko	Beg Ⅱ Alessio	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hiroko	15:15 16:45
17:00 18:30		19:00~20:30 Beg Ⅰ Shuhei			19:00~20:30 Beg Ⅰ Yurie			19:00~20:30 Pre-Beg Ⅱ Akimitsu			19:00~20:30 Beg Ⅰ Saori			19:00~20:30 Pre-Beg Ⅱ Ryosuke		Level Free Mio			Level Free Herve	17:00-18:30 Contemporary Kenta		17:00 18:30
19:30 21:00	Level Free Alessio			Level Free Herve			Level Free Herve			Level Free Kiyonobu	20:35~21:05 Pointe / Saori		Level Free Herve			18:45-20:15 Contemporary Megumi						18:45 20:15
	16			17			18			19			20			21			22			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael	10:30~12:00 Beg Ⅰ Kiyonobu		Adv Herve	10:30~12:00 Beg-Int Mio	10:30-12:00 Foundation Ballet Michael	Adv Wieslaw	10:30~12:00 Pre-Beg Ⅱ Ryosuke		Adv Motoko	10:30~12:00 Beg Ⅰ Nao	10:30~12:00 Intro-Ballet Chiaki	Adv Herve	10:30~12:00 Beg Ⅰ Natsuki		Level Free Herve	10:30~12:00 Pre-Beg Ⅱ Haruna		Adv Thomas	10:30~12:00 Beg Ⅰ Hideyuki	10:00~11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov			Int Naoki	12:10~12:40 Pointe / Mio		Int Kiyonobu			Int Herve	12:10~12:40 Pointe / Nao		Int Alessio	12:10~12:40 Pointe / Natsuki		Int Michael	12:15-13:45 Beg Ⅰ Hideyuki	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg Ⅰ Michael		11:45 13:15
13:30 15:00	Level Free Kiyonobu			Level Free Herve			Level Free Herve			Level Free Kiyonobu			Level Free Herve	13:00-14:30 Contemporary Masa		**Level Free Thomas Start!**	14:00~15:30 Jr Conte Kimiho	14:00~15:30 Beg Ⅰ Takeru	Level Free Thomas	14:00~15:30 Beg Ⅰ Yurie	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45													Beg Ⅱ Mio	15:15-16:45 Pre-Beg Ⅱ Ryosuke		**Beg Ⅱ Herve Last!**	15:45-17:15 Pre-Beg Ⅰ Michael	15:45-17:15 Anatomy Ryoko	Beg Ⅱ Alessio	15:40-16:40 Var / No Class		15:15 16:45
17:00 18:30		19:00~20:30 Beg Ⅰ Shuhei			19:00~20:30 Beg Ⅰ Yurie			19:00~20:30 Pre-Beg Ⅱ Akimitsu			19:00~20:30 Beg Ⅰ Saori		Level Free Herve			Level Free Mio			Level Free Thomas	17:00-18:30 Contemporary Ayuko		17:00 18:30
19:30 21:00	Level Free Alessio			Level Free Herve			Level Free Herve			Level Free Kiyonobu	20:35~21:05 Pointe / Saori					18:45-20:15 Act Uran						18:45 20:15
	23			24			25			26			27			28			29			
	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael	10:30~12:00 Beg Ⅰ Kiyonobu		Adv Thomas	10:30~12:00 Beg-Int Mio	10:30-12:00 Foundation Ballet No Class	Adv Alessio	10:30~12:00 Pre-Beg Ⅱ Ryosuke		Adv Thomas	10:30~12:00 Beg Ⅰ Nao	10:30~12:00 Intro-Ballet Chiaki	Adv Thomas	**10:30~12:00 Beg Ⅰ Emi**		Level Free Thomas	10:30~12:00 Pre-Beg Ⅱ Haruna		Adv Thomas	10:30~12:00 Beg Ⅰ Ken	10:00~11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov			Int Nao	12:10~12:40 Pointe / Mio		Int Kiyonobu			Int Alessio	12:10~12:40 Pointe / Nao		Int Mio	**12:10~12:40 Pointe / Emi**		Int Michael	12:15-13:45 Beg Ⅰ Ken	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg Ⅰ Michael	11:45-13:15 Character Murashov	11:45 13:15
13:30 15:00	Level Free Kiyonobu			**Level Free Thomas Filming Class**			Level Free Thomas			Level Free Kiyonobu			Level Free Thomas			Level Free Thomas	14:00~15:30 Beg Ⅰ Takeru		Level Free Murashov	14:00~15:30 Beg Ⅰ Mayuko	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45																Beg Ⅱ Haruo	15:45-17:15 Pre-Beg Ⅰ Michael	15:45-17:15 Anatomy Ryoko	Beg Ⅱ Thomas	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hiroko	15:15 16:45
17:00 18:30		19:00~20:30 Beg Ⅰ Shuhei			19:00~20:30 Beg Ⅰ Yurie			19:00~20:30 Pre-Beg Ⅱ Akimitsu			19:00~20:30 Beg Ⅰ Natsuki			19:00~20:30 Pre-Beg Ⅱ Ryosuke		Level Free Mio	17:30-19:00 Contemporary Jun		Level Free Hideyuki	17:00-18:30 Contemporary Sota		17:00 18:30
19:30 21:00	Level Free Alessio			Level Free Thomas			Level Free Thomas			Level Free Kiyonobu	20:35~21:05 Pointe / Natsuki		Level Free Thomas									18:45 20:15