



# 2026 March Timetable

MON			TUE			WED			THU			FRI			SAT			SUN			
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael 10:30-12:00 Beg I Kiyonobu		Adv Thomas 10:30-12:00 Beg-Int Mo	10:30-12:00 Beg-Int Mo	10:30-12:00 Foundation Ballet Michael													Adv Herve 10:30-12:00 Beg I Ken	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov		Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu			Int Alessio	12:10-12:40 Pointe / Emi		Int Michael	12:10-12:40 Pointe / Rie		Int Michael	12:15-13:45 Beg I Ken	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov	11:45 13:15
13:30 15:00	Level Free Kiyonobu		Level Free Thomas			Level Free Herve			Level Free Kiyonobu			Level Free Herve			Level Free Herve	14:00-15:30 Beg I Mayuko	14:00-15:30 Beg I Takeru	Level Free Murashov	14:00-15:30 Beg I Saori	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45															Beg II Haruo	15:45-17:15 Pre-Beg I Michael	15:45-17:15 Anatomy Ryoko	Beg II Haruo	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hioko	15:15 16:45
17:00 18:30		19:00-20:30 Beg I Shuhei													Level Free Mio	17:30-19:00 Contemporary Mio		Level Free Mio	17:00-18:30 Contemporary Naoya		17:00 18:30
19:30 21:00	Level Free Alessio		Level Free Thomas			Level Free Herve	19:00-20:30 Beg I Yurie		Level Free Kiyonobu	19:00-20:30 Pre-Beg II Akimitsu		Level Free Herve	19:00-20:30 Pre-Beg II Ryosuke					Level Free Herve	18:45-20:45 Contemporary Shintaro		18:45 20:15
<p> <span style="color: red;">■</span> No reservation is required. There are no admission or annual fees.  <span style="color: grey;">■</span> ■ indicates workshops, which require advance reservation.  <span style="color: blue;">■</span> Reception will open 30 minutes prior to each class.  <span style="color: blue;">■</span> Please note that late arrivals will not be admitted under any circumstances.  <span style="color: blue;">■</span> Classes shown in blue reflect the most recent updates or changes.  <span style="color: blue;">■</span> Participation in Pointe and Variation classes requires prior attendance in a regular ballet class.  <span style="color: blue;">■</span> Filming classes are offered at a discounted rate of ¥2,500 for Studios 01, 02, and 03. </p>																					
<p> <span style="color: red;">■</span> ¥3,300    <span style="color: yellow;">■</span> ¥2,800    <span style="color: orange;">■</span> ¥2,300    <span style="color: green;">■</span> ¥1,000 </p>																					
<p> <span style="color: red;">■</span> 1    <span style="color: yellow;">■</span> 2    <span style="color: orange;">■</span> 3    <span style="color: green;">■</span> 4    <span style="color: blue;">■</span> 5    <span style="color: purple;">■</span> 6    <span style="color: brown;">■</span> 7    <span style="color: pink;">■</span> 8 </p>																					
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael 10:30-12:00 Beg I Kiyonobu		Adv Herve 10:30-12:00 Beg-Int Mo	10:30-12:00 Beg-Int Mo	10:30-12:00 Foundation Ballet Michael	Adv Alessio 10:30-12:00 Pre-Beg II Ryosuke	Int Kiyonobu		Adv Herve 10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki		Adv Herve 10:30-12:00 Beg I Rie	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	Adv Herve 10:30-12:00 Beg I Ken	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov		Int Yasuo	12:10-12:40 Pointe / Mio		Int Kiyonobu		Int Alessio	12:10-12:40 Pointe / Nao		Int Yasuo	12:10-12:40 Pointe / Rie	Int Michael	12:15-13:45 Beg I Shuntaro	Level Free Herve	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov	11:45 13:15	
13:30 15:00	Level Free Kiyonobu		Level Free Herve			Level Free Herve		Level Free Kiyonobu			Level Free Herve		Level Free Herve	14:00-15:30 Jr Conte Kimho	Level Free Herve	14:00-15:30 Beg I Takeru	Level Free Herve	14:00-15:30 Beg I Mayuko	14:00-15:30 Beg I Saori	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45		15:45-17:15 Contemporary Mio												Beg II Haruo	15:45-17:15 Pre-Beg I Michael	15:45-17:15 Anatomy Ryoko	Beg II Haruo	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hioko	15:15 16:45	
17:00 18:30		19:00-20:30 Beg I Shuhei												Level Free Mio	17:30-19:00 Contemporary Mio		Level Free Mio	17:00-18:30 Contemporary Naoya		17:00 18:30	
19:30 21:00	Level Free Alessio		Level Free Herve			Level Free Herve	19:00-20:30 Beg I Yurie		Level Free Kiyonobu	19:00-20:30 Pre-Beg II Akimitsu		Level Free Herve	19:00-20:30 Pre-Beg II Ryosuke					Level Free Herve	18:45-20:15 Contemporary Megumi		18:45 20:15
<p> <span style="color: red;">■</span> 9    <span style="color: yellow;">■</span> 10    <span style="color: orange;">■</span> 11    <span style="color: green;">■</span> 12    <span style="color: purple;">■</span> 13    <span style="color: brown;">■</span> 14    <span style="color: pink;">■</span> 15 </p>																					
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael 10:30-12:00 Beg I Kiyonobu		Adv Herve 10:30-12:00 Beg-Int Mo	10:30-12:00 Beg-Int Mo	10:30-12:00 Foundation Ballet Michael	Adv Michael 10:30-12:00 Pre-Beg II Emi	Int Kiyonobu		Adv Herve 10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki		Adv Herve 10:30-12:00 Beg I Rie	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	Adv Herve 10:30-12:00 Beg I Ken	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov		Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu		Int Alessio	12:10-12:40 Pointe / Nao		Int Yasuo	12:10-12:40 Pointe / Rie	Int Michael	12:15-13:45 Beg I Shuntaro	Level Free Herve	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov	11:45 13:15	
13:30 15:00	Level Free Kiyonobu		Level Free Herve			Level Free Herve		Level Free Kiyonobu			Level Free Herve		Level Free Herve	14:00-15:30 Jr Conte Kimho	Level Free Herve	14:00-15:30 Beg I Takeru	Level Free Herve	14:00-15:30 Beg I Mayuko	14:00-15:30 Beg I Saori	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45		19:00-20:30 Beg I Shuhei												Beg II Haruo	15:45-17:15 Pre-Beg I Michael	15:45-17:15 Anatomy Ryoko	Beg II Haruo	15:40-16:40 Var / Mayuko	15:45-17:15 Floor Barre Hioko	15:15 16:45	
17:00 18:30		19:00-20:30 Beg I Shuhei												Level Free Mio	17:30-19:00 Contemporary Mio		Level Free Mio	17:00-18:30 Contemporary Naoya		17:00 18:30	
19:30 21:00	Level Free Alessio		Level Free Herve			Level Free Herve	19:00-20:30 Beg I Yurie		Level Free Kiyonobu	19:00-20:30 Pre-Beg II Akimitsu		Level Free Herve	19:00-20:30 Pre-Beg II Ryosuke					Level Free Herve	18:45-20:15 Act Uan		18:45 20:15
<p> <span style="color: red;">■</span> 16    <span style="color: yellow;">■</span> 17    <span style="color: orange;">■</span> 18    <span style="color: green;">■</span> 19    <span style="color: purple;">■</span> 20    <span style="color: brown;">■</span> 21    <span style="color: pink;">■</span> 22 </p>																					
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael 10:30-12:00 Beg I Kiyonobu		Adv Herve 10:30-12:00 Beg-Int Mo	10:30-12:00 Beg-Int Mo	10:30-12:00 Foundation Ballet Michael	Adv Aleslaw 10:30-12:00 Pre-Beg II Ryosuke	Int Kiyonobu		Adv Motoko 10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki		Adv Herve 10:30-12:00 Beg I Rie	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	Adv Thomas 10:30-12:00 Beg I Ken	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov		Int Naoki	12:10-12:40 Pointe / Mio		Int Kiyonobu		Int Herve	12:10-12:40 Pointe / Nao		Int Alessio	12:10-12:40 Pointe / Natsuki	Int Michael	12:15-13:45 Beg I Hideyuki	Level Free Herve	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov	11:45 13:15	
13:30 15:00	Level Free Kiyonobu		Level Free Herve			Level Free Herve		Level Free Kiyonobu			Level Free Herve	13:00-14:30 Contemporary Masa	Level Free Herve	14:00-15:30 Jr Conte Kimho	Level Free Herve	14:00-15:30 Beg I Takeru	Level Free Herve	14:00-15:30 Beg I Yurie	14:00-15:30 Beg I Saori	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45		19:00-20:30 Beg I Shuhei												Beg II Haruo	15:45-17:15 Pre-Beg I Michael	15:45-17:15 Anatomy Ryoko	Beg II Haruo	15:40-16:40 Var / Mio	15:45-17:15 Floor Barre Hioko	15:15 16:45	
17:00 18:30		19:00-20:30 Beg I Shuhei												Level Free Mio	17:30-19:00 Contemporary Mio		Level Free Mio	17:00-18:30 Contemporary Ayuko		17:00 18:30	
19:30 21:00	Level Free Alessio		Level Free Herve			Level Free Herve	19:00-20:30 Beg I Yurie		Level Free Kiyonobu	19:00-20:30 Pre-Beg II Akimitsu		Level Free Herve	19:00-20:30 Pre-Beg II Ryosuke					Level Free Herve	18:45-20:15 Act Uan		18:45 20:15
<p> <span style="color: red;">■</span> 23    <span style="color: yellow;">■</span> 24    <span style="color: orange;">■</span> 25    <span style="color: green;">■</span> 26    <span style="color: purple;">■</span> 27    <span style="color: brown;">■</span> 28    <span style="color: pink;">■</span> 29 </p>																					
01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	01	02	03	
10:00 11:30	Adv Michael 10:30-12:00 Beg I Kiyonobu		Adv Thomas 10:30-12:00 Beg-Int Mo	10:30-12:00 Beg-Int Mo	10:30-12:00 Foundation Ballet Michael	Adv Alessio 10:30-12:00 Pre-Beg II Ryosuke	Int Kiyonobu		Adv Thomas 10:30-12:00 Beg I Nao	10:30-12:00 Intro-Ballet Chiaki		Adv Thomas 10:30-12:00 Beg I Rie	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	10:30-12:00 Pre-Beg II Hanuna	Level Free Herve	Adv Thomas 10:30-12:00 Beg I Ken	10:30-12:00 Beg I Ken	10:00-11:30 Intro-Ballet Yo	10:00 11:30
11:45 13:15	Int Murashov		Int Nao	12:10-12:40 Pointe / Mio		Int Kiyonobu		Int Alessio	12:10-12:40 Pointe / Nao		Int Mio	12:10-12:40 Pointe / Emi	Int Michael	12:15-13:45 Beg I Ken	Level Free Herve	12:15-13:45 Ballet&Variation Saori	Int Motoko	12:15-13:45 Pre-Beg I Michael	11:45-13:15 Character Murashov	11:45 13:15	
13:30 15:00	Level Free Kiyonobu		Level Free Thomas			Level Free Thomas		Level Free Kiyonobu			Level Free Thomas		Level Free Herve	14:00-15:30 Beg I Takeru	Level Free Herve	14:00-15:30 Beg I Mayuko	Level Free Herve	14:00-15:30 Beg I Saori	14:00-15:30 Beg I Saori	13:55-14:25 Pointe / Michael	13:30 15:00
15:15 16:45		19:00-20:30 Beg I Shuhei												Beg II Haruo	15:45-17:15 Pre-Beg I Michael	15:45-17:15 Anatomy Ryoko	Beg II Thomas	15:40-16:40 Var / Mio	15:45-17:15 Floor Barre Hioko	15:15 16:45	
17:00 18:30		19:00-20:30 Beg I Shuhei												Level Free Mio	17:30-19:00 Contemporary Jun		Level Free Hideo	17:00-18:30 Contemporary Sota		17:00 18:30	
19:30 21:00	Level Free Alessio		Level Free Thomas			Level Free Thomas	19:00-20:30 Beg I Yurie		Level Free Kiyonobu	19:00-20:30 Pre-Beg II Akimitsu		Level Free Thomas	19:00-20:30 Pre-Beg II Ryosuke					Level Free Hideo	18:45-20:15 Act Uan		18:45 20:15